

# 鮨 弁 当

## SUSHI BENTO BOXES

### Cromarty with Loch Duart salmon £7 / £7.50 with organic brown rice

2 x Salmon nigiri  
3 x salmon hosomaki  
3 x cucumber hosomaki  
3 x salmon & avocado uramaki

Allergens: fish, wheat, sesame seed, sulphites, mustard



### Cromarty with wild Alaskan salmon £7.50 / £8 with organic brown rice

2 x Wild Salmon nigiri  
3 x salmon hosomaki  
3 x cucumber hosomaki  
3 x salmon & avocado uramaki

Allergens: fish, wheat, sesame seed, sulphites, mustard

### Faeroes (V) £7

1 x inari tofu  
1 x tamago omelette  
2 x cucumber hosomaki  
2 x avocado maki  
2 x pepper, cucumber, carrot, iceberg, sesame dressing  
2 x ume plum, cucumber & shiso maki

Allergens: soybean, sesame, egg, wheat, sulphites, mustard



### Fair Isles £8.80

2 x Loch Duart salmon  
1 x Cornish catch of the day nigiri  
2 x 'organic' prawn tempura maki  
2 x spicy tuna uramaki  
2 x salmon skin maki

Allergens: sesame seed, fish, mustard, crustacean, egg, wheat, soy



### Trafalgar £11.50

1 x Loch Duart salmon nigiri  
1 x Cornish catch of the day nigiri  
1 x albacore white tuna or octopus  
1 x ikura salmon roe gunkan  
3 x slices of salmon sashimi  
3 x 'organic' prawn tempura  
3 x crab & avocado uramaki

Allergens: sesame seed, fish, mustard, crustacean, egg, wheat, soy



### German Bight £10.50

2 x Loch Duart salmon nigiri  
1 x tuna nigiri  
1 x tamago omelette nigiri  
1 x prawn nigiri  
1 x Cornish catch of the day nigiri  
3 x prawn tempura maki  
2 x salmon & avocado uramaki

Allergens: sesame seed, fish, mustard, crustacean, egg, wheat, soy



### Bay of Biscay Temaki handrolls £8.90 / £9.40 with organic brown rice

1 x Loch Duart salmon & avocado  
1 x Salmon skin & spring onion  
1 x Cornish crab & avocado  
1 x 'faux unagi' eel & cucumber

Allergens: sesame seed, fish, crustacean, wheat, soy



## SUSHI BOWLS

### Salmon - Ju £7.30 / £7.80 with organic brown rice

Loch Duart salmon sashimi slices on a bed of shari vinegared rice

Allergens: fish, wheat, sulphites, mustard



### Wild Alaskan Salmon - Ju £7.30 / £7.80 with organic brown rice

Wild Alaskan salmon sashimi slices on a bed of shari vinegared rice

Allergens: fish, wheat, sulphites, mustard

### Korean Sashimi bowl

£9/ £9.40 with organic brown rice

Marinated Loch Duart salmon, tuna, catch of the day, salad, and sushi rice

Allergens: sesame seed, fish, crustacean, wheat, soy



### Chilli & ginger organic Tofu bowl (v) £8.50 / £9 with organic brown rice

Gochujang & ginger crispy tofu, smashed avocado, carrot & daikon sesame slaw, wakame & cucumber, kimchi and sushi rice

Allergens: sesame seed, fish, crustacean, wheat, soy

### Scattered Chirashi bowl

£9 / £9.40 with organic brown rice

Assorted diced fish marinated in soy and toasted sesame oil, radicchio, red onion, cucumber, peppers, avocado & edamame on a bed of shari rice

Allergens: sesame seed, fish, wheat, soy



## SASHIMI

### Hebrides Sashimi £12.50

3 x Loch Duart salmon  
3 x wild salmon  
3 x tuna  
3 x seabass  
3 x omakase

Allergens: sesame seed, fish, crustacean, wheat, soy



### Lundy Sashimi £7.50

3 x Loch Duart salmon  
3 x tuna  
3 x catch of the day

Allergens: sesame seed, fish, wheat, soy

## ONIGIRI RICE BALLS

### Poached salmon £2

Ume plum & shiso (v) £2



# 鮨 盛 合 せ

## PARTY PLATTERS FOR SHARING

### Viking Platter £55

4 x Loch Duart salmon nigiri  
4 x prawn nigiri  
4 x tuna nigiri  
4 x seared Cornish catch of the day nigiri  
8 x spicy, crispy tuna maki  
6 x California crab & avocado maki  
6 x cucumber kappamaki  
6 x avocado hosomaki

Allergens:

sesame seed, fish, mustard, crustacean, egg, soy



### Ethical Luxury Platter £62

4 x Loch Duart salmon nigiri  
4 x scallop nigiri  
4 x prawn nigiri  
4 x octopus nigiri  
6 x crab & avocado uramaki  
6 x prawn tempura maki  
4 x ikura salmon roe gunkan  
6 x avocado hosomaki  
6 x salmon hosomaki

Allergens:

sesame seed, fish, mustard, crustacean, soy



### Atlantic Platter £88

5 x Loch Duart salmon nigiri  
5 x prawn nigiri  
3 x tamago omelette nigiri  
3 x octopus nigiri  
5 x yellowtail hamachi nigiri  
8 x spicy tuna uramaki  
8 x salmon & avocado uramaki  
10 x cucumber kappamaki  
10 x avocado hosomaki  
3 x Cornish crab gunkan  
3 x 'faux unagi' gunkan

Allergens:

sesame seed, fish, mustard, crustacean, egg, soy

